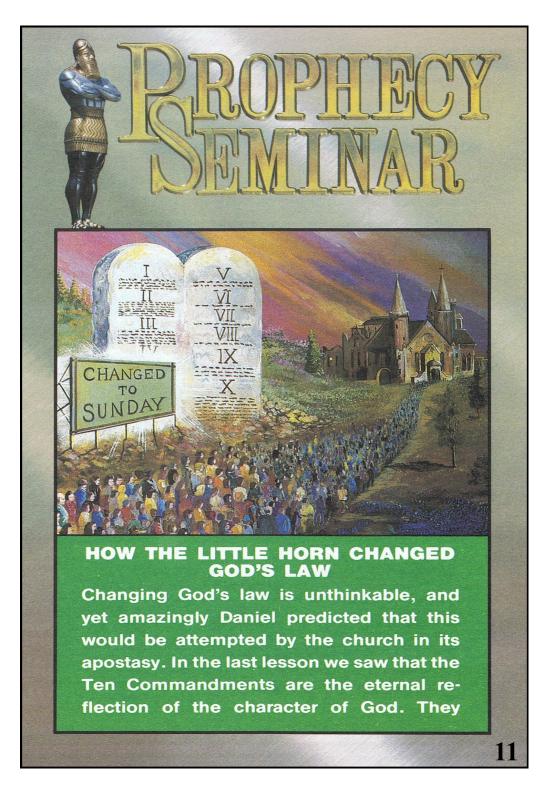
Since many of his subjects were pagans, and had been accustomed to pagan practices and pagan days of worship such as Sunday, it is only reasonable that Constantine would use his influence to make it easier for these pagans to become Christians. Thus he gave official sanction to Sunday and encouraged the practice of the Roman Church in keeping Sunday by passing the first legal Sunday law, stating that all should rest on the venerable day of the sun.

"On the venerable Day of the Sun let the magistrates and people residing in cities rest, and let all workshops be closed." Constantine, March 7, 321, Codex Justinianus lib. 3, tit. 12, 3; trans. in Philip Schaff, **History of the Christian Church,** Vol. 3, p. 380, note 1

Thus we see that as the early church apostatized from the truth, they introduced the day of the sun in place of the Lord's Sabbath. This was a gradual change, innocent in its beginnings, but devastating in its final results. The way was paved for its acceptance because of the anti-Jewish feeling, the Gnostic and Platonic thinking that influenced Roman Christianity, and the influence of pagan Mithraism and its observance of Sunday. With Christians and pagans keeping the same day, it was much easier for the pagans to come to the church. Rather than be converted, they brought their paganism with them, and Christianity was thus corrupted.

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cannot be altered without changing God's character. But praise God, He is unchangeable! Even though the little horn power would think to change God's law, the inescapable fact remains that God has not changed it. In this lesson, we will uncover the shocking story of the little horn's attempt to change the times and the law

THE COMMANDMENT THAT HELPS ESTABLISH A RELATIONSHIP

ı.	what is it that the little norn power attempts to change? Daniel 7:25				
	"Shall intend to change	and			
	NOTE: Notice that the little hor the times and the law.	n is not just attempting to	change the law, but		
2.	Which of the Ten Commandm Exodus 20:8-11	nents In the law deals wit	h Own?		
	"Remember the	day, to ke	ep it holy."		
	NOTE: Only the fourth commandment, in which God commands people to keep the Sabbath day holy, deals with time.				
	The purpose of the Sabbath, as Lesson 10 revealed, is to give God and His people time to get better acquainted. People need to spend time every day with God in Bible study and prayer.				
	If a deep, personal relationship veneed one day a week to spend in us. It is like a marriage; if a husl	contemplation of God and	d His blessings to		

The only way we can get to know someone is to spend time with them, and the only way we can get to know God is to spend quality time with God. The fourth commandment performs a special function, because it ties time with our relationship with God.

day, they will develop a relationship, but their marriage and their relationship will never be as deep as it would be if they took an additional day each week

to be together.

If anyone obeys the fourth commandment as God intended and builds a solid relationship with God, there will be little question about that person keeping the rest of the commandments. It is not surprising, then, that Satan has attacked this commandment. He well knows that if he can destroy a person's relationship with God, that person will end up serving Satan. No wonder God has warned us against this power that would think to change the times in the law - the one commandment that ties time to our relationship with God.

Another influence in the early Christian Church was Mithraism, an ancient Oriental cult of the sun. This cult came to Rome in the first century AD and became popular in the second and third centuries. The central feature of this cult was the worship of the sun upon the first day of the week. Historians have written concerning the influence of Mithraism on Christianity in this way:

"Aurelian ... created a new cult of the `Invincible Son: Worshipped in a splendid temple, served by pontiffs who were raised to the level of the ancient pontiffs of Rome On establishing this new state cult, Aurelian in reality proclaimed the dethronement of the old Roman idolatry and the accession of Semitic Sun-Worship." Franz Cumont, **Astrology and Religion Among the Greeks and Romans**, p. 55, 56.

"The two opposed creeds [Christianity and Mithraism] moved in the same intellectual and moral sphere, and one could actually pass from one to the other without shock or interruption." Cumont, p. 210. "The worshippers [of Mithra] held Sunday sacred and celebrated the birth of the Sun on the 25th of December." Franz Cumont, The **Mysteries of Mithra**, trans. by Thomas J. McCormack, p. 191.

"Our observance of Sunday as the Lord's day is apparently derived from Mithraism. The arguement that has sometimes been used against this claim, namely, that Sunday was chosen because of the resurrection on that day, is not well supported." Gordon J. Laing, **Survivals of Roman Religion**, p. 148.

"As a solar festival, Sunday was the sacred day of Mithra; and it is interesting to notice that since Mithra was addressed as Dominus, 'Lord,' Sunday must have been the 'Lord's Day' long before the Christian times." A. Weigall, **The Paganism in Our Christianity**, p.145.

When Constantine was converted to Christianity at the beginning of the fourth century, he attempted to unite his empire in the Christian faith.

The first reasons for the acceptance of Sunday was a strong anti-Jewish feeling that permeated the church in the early centuries. The Christian Church was attempting to do everything possible to be completely separate from the Jews, especially after the persecution of Hadrian began in A.D. 121-124. Thus any institution that was kept by both Jews and Christians became a target for change. Sunday-keeping may possibly have started simply as an attempt to show that Christians not only honoured the Sabbath, but also had another day that was kept in addition to the Sabbath. In this way they would be different from the Jews. In order to emphasize their hatred toward the Jews, doctrinal change took place; and these changes began, as we have seen, in Rome.

Anti-Jewish writers, such as Barnabas and Justin Martyr, first wrote against the Sabbath. Their arguments were that Christians should not keep the Sabbath, because the Sabbath is Jewish, and if they kept the Sabbath, they would be considered Jews. Then in the fourth century, the following decision was made:

"Christians shall not Judaize and be idle on Saturday, but shall work on that day; but the Lord's day they shall especially honour, and, as being Christians, shall, if possible, do no work on that day. If, however, they are found Judaizing, they shall be shut out from Christ." Oh. Y. Hefele, **A History of the Councils of the Church**, Vol. 2, p. 316.

Here it is noticed that one of the reasons why they were advocating Sunday-keeping was because the Sabbath was Jewish. But at the same time, notice that there was an admission that Christians were idle on Saturday. In other words, there were many Christians who were still keeping the Sabbath at this time, and the church at Rome was attempting to legislate a change.

Another influence that resulted in the acceptance of Sunday, was the spread of Gnosticism and Platonic philosophy. These were pagan philosophies that were attempting to gain control over the Christian Church in the early centuries.

The Gnostic day of worship was Sunday, the day consecrated to the sun, which was their god. Many of the early Christian writers who supported Sunday were influenced by Gnostic and Platonic philosophies. In fact.

THE SEVENTH DAY

3. Which day has God specified to be set aside as the special day in which God and His people build a solid relationship together? Exodus 20:10 (71) [75].

"The	day."

NOTE: Notice that God has set aside a specific day, the seventh day, as a special time to get better acquainted with His people.

4. Which is the seventh day?

NOTE: To discover which is the seventh day, one only has to take a quick look at the calendar to see that the seventh day is the day we commonly call Saturday, not Sunday.

5. Has there been any change In the calendar that has affected the weekly cycle?

NOTE: Since the time of Christ there has been only one major change in the calendar. This was the switch from the Julian to the Gregorian calendar in 1582. The Julian calendar had allowed too many leap years. As a result, the calendar was out of kilter with the solar system. In order to rectify it, ten days were dropped from the calendar in October of 1582.

	sun		tue		15 thu	82 fri	sat
(The weekly		1	2	3	4	15	16
cycle was	17	18	19	20	21	22	23
not broken)					28		30
	31						

Even though ten days were dropped from the calendar, the weekly cycle was not changed at all. The order of the days of the week remained the same.

6. What other evidences are there that the day of the week called Saturday Is the same as the Biblical seventh day?

- **a.** In 105 languages in use today, the word for Saturday has "Sabbath" as its root meaning. For example, the Latin **Sabbatum**, the Greek **Sabbaton**, the Russian **Subbota**, the Italian **Sabbato**, the Spanish **Sabado**. In other words, in over 105 languages of earth today, the word currently used for Saturday basically means "Sabbath."
- **b.** The history of the Jews, who have consistently kept the Sabbath from the Exodus event, and still keep the Sabbath on Saturday today, indicates clearly which is the seventh day. During the Exodus event, God, by a double miracle of the manna, clearly revealed which was the seventh day. On every day, a certain portion of manna would fall. There was always enough for everyone every day, but they were not to keep excess for the next day. However, on Friday, a double portion of manna fell and people had enough for two days, whereas on Saturday no manna fell. For forty years, God performed this double miracle every week to thoroughly establish which day was the seventh. The Jews have kept that same seventh day until this present time (see Exodus 16).

7. What further Biblical evidence is there that the seventh day Is Saturday?

a. Jesus died on Good Friday. The day that He died is called in scripture					
"the day	_ the Sabbath." Mark 15:42				
b. The next day was Sabbath. The disciples "rested on theaccording to the commandment." Luke 23:56					
c. Following the Sabbath came Sunday. Jesus rose on Sunday, the first					
day of the week. The Bible says that the day He rose was the day					
t	he Sabbath. Mark 16:1, 2, 9				

NOTE: The Bible clearly indicates that the Biblical Sabbath was the day between Good Friday and Easter Sunday. Since Saturday is the only day in between, the inescapable conclusion is that the Biblical seventh-day Sabbath is Saturday.

THE CHANGE OF THE SABBATH

Since the Scripture is very clear that the original Biblical Sabbath was on Saturday, the seventh day of the week, it might well be asked, "Why do most Christians today observe Sunday, the first day of the week?".

Somehow, somewhere, a change has come about. God says that He never changes, and that His law never changes. He embodied the seventh-day Sabbath in His holy law. Who then changed it?

- Q. "What is the Third Commandment?
- A. The Third Commandment is: Remember that thou keep holy the Sabbath Day.
- Q. Which is the Sabbath day?
- A. Saturday is the Sabbath day.
- Q. Why do we observe Sunday instead of Saturday?
- A. We observe Sunday instead of Saturday because the Catholic Church transferred the solemnity from Saturday to Sunday." Peter Geierman, **The Convert's Catechism of Catholic Doctrine** (1951) p. 50.
- Q. "How prove you that the Church hath power to command feasts and holy days?"
- A. By the very act of changing the Sabbath into Sunday which Protestants allow of; and therefore they fondly contradict themselves, by keeping Sunday strictly, and breaking most other feasts commanded by the same church." Henry Tuberville, **An Abridgment of the Christian Doctrines**, 1833, p. 58.

It is hard to believe that the once pure Christian Church could so apostatize from the truth, even in six hundred years. But here is a solemn warning for all of us. Apostasy does not occur overnight. It occurs gradually and begins when one small principle is sacrificed. Once that is sacrificed, it is always easier to sacrifice another principle. And so the process goes, until apostasy has gone deep.

At the beginning of the second century the Church was still pure. But by the end of the second century, just one hundred years later, it was hardly recognizable as the same church. During the second century the seed was sown for most of the unbiblical teachings that sprang up in the centuries that followed. The seed of Sunday-keeping was one of those teachings that arose in the second century rather innocently, as we have seen, but fully mushroomed into a great departure from Bible truth in the centuries that followed. What was it that, paved the way for the apostasy on the Sabbath?

tradition, have ceased to do this." Socrates Schutasticus, Ecclesiastical History, Bk. 5, ch. 22, trans. in NPNF, 2nd series, Vol. 2, p. 132.

"On the Sabbath day we gathered together, not being infected with Judaism, for we do not lay hold of false Sabbaths, but we come on the Sabbath to worship Jesus, the Lord of the Sabbath." Athanasius, Homilia de Semente, sec. 1, in MPG, Vol. 28, col. 144 Greek

Thus we see that there was considerable discussion of the Sabbath question during the latter part of the second, third and fourth centuries. The practice of keeping both Saturday and Sunday started at Rome. Then the practice of downgrading the Sabbath and uplifting Sunday also began in Rome. As Rome spread and began to exercise jurisdiction over other churches, Sunday worship spread with it. When the Roman Church attempted to take over the Celtic Church around A.D. 600, one of the issues over which the two churches differed, and one of the issues used by the Celtic Church in England to refuse to submit to Rome, was the Sabbath issue. Notice what the historian says:

"The Celts permitted their priests to marry, the Romans forbade it. The Celts held their own councils and enacted their own laws, independent of Rome ... The Celts used a Latin Bible unlike the Vulgate, and kept the day Saturday as a day of rest with special religious services on Sunday." Flick, The Rise of the Medieval **Church**, p. 237.

Thus Sabbath-keeping was so deeply rooted in the early N.T. church, that in spite of the attempts of the Roman Church to suppress it and exalt Sunday in its stead, true Sabbath-keeping remained in the church for over 600 years after the coming of Christ. It was only after the Roman Church attained full control of Christendom during the Middle Ages that the Sabbath was lost sight of.

Years later as the Roman Church looked back on these centuries when she had gradually changed the Sabbath into Sunday, she boldly declared that this was her act and proved that she has power to ordain feasts and festivals because all other churches eventually went along with Rome in the change of the Sabbath, and even Protestants today still submit to this law of the Roman Church to honour Sunday. Notice these claims:

8.	Who did Daniel declare would think to change times and laws? Daniel 7:25				
	The little				
	NOTE: The Bible predicted that the little horn, the papacy, would attempt to change the times and the law. The Sabbath is the only commandment in the law dealing with time. An attempted change has been made in the time for the Sabbath, from Saturday to Sunday. Could it be that the papal power is the very one who has attempted to change the Sabbath from Saturday to Sunday? (For the amazing story of how the papal power attempted to change the Sabbath from Saturday to Sunday, see Exhibit 1.)				
	ORIGIN OF THE SABBATH				
9.	When did the Sabbath originate? Exodus 20:11; Genesis 2:1-3				
	At				
	NOTE: Notice that even in the giving of the Ten Commandments, the origin of the Sabbath is clearly identified as in the Garden of Eden rather than at Mount Sinai.				
10.	With what word does God begin the Sabbath commandment? Exodus 20:8				
	NOTE: God chose the word "remember" to begin the Sabbath commandment. The word "remember" denotes three possibilities:				
	a. You cannot remember something you have never heard of before. Therefore the origin of the Sabbath must be before Sinai, and not at Sinai.				
	b. The word "remember" signifies that a person should pay special attention. "Remember" is generally used to indicate things that are of special importance that people should not forget. God chose this word to introduce the Sabbath at Sinai.				
	c. The word "remember" indicates that God looked down the stream of history and saw that this would be the one commandment that the world would forget. And so He tells us to remember it, and not to forget this commandment. God knew that we would never forget the other commandments if we would remember the Sabbath, because the Sabbath would help us to develop a relationship with God. Amazingly, the one commandment that many would forget is the one that deals with time set aside to establish a relationship with God.				
11.	What three things did God do when He instituted the Sabbath at creation? Genesis 2:2, 3				
	God then				

8.

And the Sabbath.

NOTE: God gave us an example by resting Himself. He blessed this day as He blessed no other day. He sanctified this day. The word "sanctify" means to "set apart for holy usage." Notice that God did not bless the ACT of resting, He blessed a specific DAY. If the whole world rested on a day it wouldn't make that day a Sabbath. What makes it the Sabbath is that God rested, blessed and sanctified it. People do not have the authority to change what God has sanctified. Some people feel that it makes no difference what day is kept as long as they keep one day in seven. But please remember that God blessed and sanctified only one specific day — the SEVENTH day.

12. Did the Sabbath exist before sin, or only affix sin? Exodus 20:11; Genesis 2:2-3

sin

NOTE: This point is very clear in Scripture. The Sabbath is a creation remembrance, coming to us from the Garden of Eden before Adam and Eve sinned. On the cross, Christ dealt with sin. Since the Sabbath existed before sin, there is absolutely no way it could be altered by the cross.

13. Was the Sabbath given for the Jews only? Mark 2:27

"The Sabbath was made for _____."

NOTE: The Sabbath existed thousands of years before there was a Jew. It is true that the Jews kept it, because they were the covenant people of God. But the Sabbath was made for the entire human race. It was given to them in the innocence of the Garden of Eden. God does not intend to establish a relationship with Jewish people only. Every born-again person needs a relationship with God. To say that the Sabbath belongs only to the Jews is virtually to say that God only wants to establish relationships with Jewish people. But God is not a respecter of persons. He wants to know everyone.

THE PERPETUITY OF THE SABBATH

14. Will the human race still keep the Sabbath in the New Earth? Isaiah 66:22, 23

"From one ______ to another, all flesh shall come to worship before Me, says the Lord."

NOTE: In God's newly recreated earth after sin is removed, people will still be keeping holy God's sacred Sabbath. What a delight and what a joy it will be for people to enter the Sabbath rest of God in the new earth, where they can get even better acquainted with God than they can here. This verse clearly indicates that our relationship with God will grow deeper in the new

sisters?" Gregory of Nyssa (331-396), **De Castigotione** ("On Reproof") in MPG, Vol. 46, col. 309. Greek

Thus we see that for several centuries the church kept both Saturday and Sunday. Gradually, however, the Sabbath became less and less important, and Sunday became more and more important. This change in emphasis was particularly noticeable at Rome.

To the early church, the Sabbath was a day of delight, a day that they looked forward to and really enjoyed. However, at Rome, the Sabbath was made a fast day, a day of gloom, and Sunday was the day of delight. Thus, individuals came to look forward to Sunday, but to dread the Sabbath. Eventually this paved the way for the Sabbath to be completely disregarded, and the people were already conditioned to accept Sunday. However, we do notice that other Christian churches did not immediately follow Rome's example:

"The people of Constantinople, and almost everywhere, assemble together on the Sabbath, as well as on the first day of the week, which is never observed at Rome, or at Alexandria." Sozomen, **Eccl. Hist. VII,** Ch. 19. (died 440 AD).

Thus, as late as four hundred years after Christ the historian testifies that almost all Christian churches in the world were still keeping the Sabbath, but at Rome things were different. They had ceased to keep the Sabbath and were now keeping Sunday only.

Evidently there was considerable discussion in the church over this substitution of Sunday for the Sabbath of the Bible. The discussions of many have been recorded and preserved for our benefit today. Notice a few of these:

"On Saturday the Gospels and other portions of the Scripture shall be read aloud." Council of Laodicea (A.D. 343-381), Charles Joseph Hefele, **A History of Christian Councils**, Vol. 2, trans. and ed. by H. N. Oxenham, p. 310, Can. 16.

"Although almost all churches throughout the world celebrate the sacred mysteries on the Sabbath [i.e., Saturday] of every week, yet the Christians of Alexandria and Rome, on account of some ancient

Hadrian persecuted the Jews in Rome incessantly. In an attempt to separate themselves from the Jews and avoid being persecuted with them, these early Roman Christians began keeping Sunday in addition to the Sabbath. Later they gave as their reason Christ's resurrection on Sunday. Very gradually this practice of keeping Saturday as the Sabbath, and Sunday in honour of the resurrection, spread to other parts of the Christian world. To accentuate the importance of Sunday in honour of the resurrection, the Roman Church prescribed the keeping of one special Sunday in special memory of the resurrection — Easter. Many Christians wished to keep Easter on the same date each year, but Rome insisted that it be on Sunday, and Rome won.

Notice how many early Christian writers refer to the fact that in the third and fourth centuries AD both Saturday and Sunday were kept by the church.

"In some places no day is omitted, on which the Communion is not offered; in some [it is offered] only on the Sabbath and the Lord's day [Sunday], and in some only on the Lord's day." Augustine (died 430 AD). Letter 54 to Januarius, Chapter 2, in MPL, Vol. 33, Col. 200. "Keep the Sabbath, and the Lord's day festival; because the former is the memorial of creation, and the latter of the resurrection." **Constitutions of the Holy Apostles**, Bk. 7, Sec. 2, Ch. 23, trans. in ANF, Vol. 7, p. 469.

"Let the slaves work five days; but on the Sabbath day, the Lord's day, let them have leisure to go to church for instruction and piety." **Constitutions of the Holy Apostles**, Bk. 8, Sec. 4, Ch. 33, trans. in ANF, Vol. 7, p. 495.

"There are no public services among them in the day except on Saturday and Sunday, when they meet together at the third hour for the purpose of holy communion." John Cassian (died around 440 AD), **Institutes III,** Book 3, Ch. 2, trans. in NPNF 2nd series, Vol. 11, p. 213.

"With what kind of eyes do you see the Lord's Day [Sunday], you who dishonour the Sabbath? Do you not know that these days are

earth as we spend even more time together.

15. Of what is the Sabbath a sign? Ezekiel 20:12

It is a sign b	etween the believer and (God, "that the	ey might know	that I am th	ıe
LORD who		them".			

NOTE: The Sabbath is God's great sign of sanctification. Sanctification describes the process whereby God lives out His life in the believer, transforming the believer into the divine image. The sign that it is the Lord who is sanctifying is the sacred Sabbath. The keeping of the Sabbath indicates that a Christian is taking time to build a solid relationship with God, which is the basis of sanctification.

16. Of what else Is the Sabbath a sign? Ezekiel 20:20

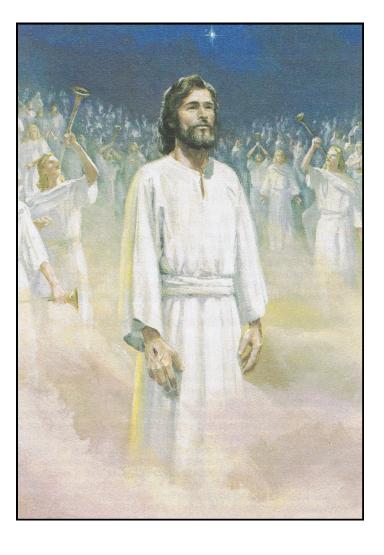
It is a sign "that you may	 that I am the LORI
your God".	

NOTE: How clearly the scriptures bring out the special significance of God's Sabbath. It is a special sign that people know the Lord. It is a sign that people have a relationship with God. That's why the Sabbath, to the Christian, becomes such a beautiful day of delight and joy in the Lord. The Scriptures do not enjoin a legalistic keeping of the day, but rather the setting aside of this special day to build a relationship with God. That's why the Christian gets excited about the Sabbath, and why the Sabbath is such a blessing in the midst of the troubles of the world. The Sabbath is a relief from the burdens of life, a time when God and His people can draw apart and develop an intimate relationship.

The troubles of the last days are going to be so great that unless people have a deep, personal relationship with God, they will not make it through the end times. That's why the Sabbath is so important in these last days and why Daniel warns against the power that would

think to change the day that God had set aside for a relationship with Him. If there ever was a time in earth's history when people needed the Sabbath, it's today. Let us make certain that we use this special time to build a solid relationship with Jesus, that we might be prepared for the climactic scenes of earth's history soon to take place everywhere.





17. Do you desire to build a better relationship with God through regular Sabbath keeping?



EXHIBIT 1

For Daniel Lesson 11

THE ATTEMPTED CHANGE OF THE SABBATH TO SUNDAY

God does not change. His law does not change. God specifies the seventh day, Saturday, as the Sabbath. The Bible gives no indication of any New Testament change in the day of worship. Let us open the pages of history after the Bible was written and discover when the attempt to change God's Sabbath to Sunday was made.

The New Testament is completely silent on any controversy over the Sabbath in the New Testament Church. The issue of circumcision nearly split the New Testament Church and entire books of the Bible (e.g. Galatians) were written over the issue of circumcision. Sabbath-keeping was more deeply rooted in Judaism than circumcision, yet we find no discussion over the Sabbath in Bible times. Likewise, for one hundred years after Christ, there is no discussion of the Sabbath question. However, in the second, third and fourth centuries, there is considerable discussion over this issue, which would indicate that this would be the time when men attempted to introduce a new day of worship.

Not only Daniel, but also the apostle Paul predicted that there would come a falling away, an apostasy (II Thessalonians 2). The predicted apostasy arose as changes were made in Christian practices 100-300 years after the early church arose. The change in the Sabbath was only one of the many changes in the practice of the early church that occurred during this time.

Sunday-keeping was introduced into the Christian church rather innocently, and its first advocates never dreamed that it would take the place of the seventh-day Sabbath of God. Sunday-keeping had its origin in Rome during the reign of the Emperor Hadrian in the second century.