

alcohol and pervert their judgment and forget God's law.

**c. Eating unclean foods.** Like Daniel, Christians will purpose in their hearts not to eat the king's meat, for it is out of harmony with the Word of God. As they face earth's final crisis, they will seek to bring their dietary habits into harmony with the original Edenic diet. They will begin by leaving off unclean foods, such as pork and shellfish.

**d. Drinking coffee, tea & caffeinated soft drinks.** These clog the system, cloud the brain and prevent clear thinking. Coffee, tea and some soft drinks contain the drug caffeine. To use them makes Christians become drug dependent. (See Exhibit 2.)

**23. What are some positive things Christians can do to improve their body temples?**

Born-again Christians who recognize that their bodies are the temples of God will get plenty of rest, sunshine, fresh air and water, inside and outside. They will avoid excessive amounts of sugar, and make sure that they get sufficient exercise.

**24. Who came out better in ancient Babylon, Daniel and his friends with their healthful diet, or those who ate the king's junk food? Daniel 1:20**

\_\_\_\_\_ and his \_\_\_\_\_.


NOTE: If you, as a Christian, want to be in better health, follow God's plan. Purpose in your heart not to defile yourself with "the king's delicacies" or "the wine which he drank". Make certain that your mind is clear and sharp as you face the tumultuous events so soon to come upon planet earth.

**25. Is it your desire to bring glory to God in your body by passing the health test now so that you can have a dear mind for the final crisis?**


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# PROPHECY SEMINAR



THE SMALL TEST WITH BIG RESULTS

In our study of the book of Daniel, we have discovered that Daniel and his friends faced test after test. In every instance, they stood true to God. In Lesson 3, we briefly examined the initial test that Daniel and his friends faced, as revealed in Daniel 1. The fact that they stood true to principle in that seemingly easy test when all the other Hebrews compromised, enabled them to stand faithful to God on all subsequent tests.

We have also learned that the stories of the book of Daniel illustrate the predictions of the prophecies. We have seen that the prophecies predict that the people of God will go through a crisis at the close of human history. The only ones who stood firm for truth in Daniel's day were those who passed the diet test in Chapter 1. Could it be that the ones who will stand firm for God in the final days of earth's history are those who likewise pass a similar test?

In this lesson, we wish to re-examine Daniel 1, study in greater detail the test that Daniel faced, and then look at its implications for our day.

## THE END OF SIN

### 1. What did the king allow Daniel and his friends to eat? Daniel 1:5

"A daily provision of the king's \_\_\_\_\_ and of the \_\_\_\_\_ which he drank."

NOTE: Daniel and his friends were offered the best that Babylon had. However, what the world thinks is good many times is not really the best. God had something better for His children, and Daniel and his friends knew that.

### 2. What decision did Daniel make regarding the king's wine and food? Daniel 1:8

"Daniel purposed in his heart that he would not \_\_\_\_\_ himself with the portion of the king's \_\_\_\_\_, nor with the \_\_\_\_\_ which he drank."

NOTE: Daniel and his friends knew that if they were going to remain true to God in this heathen court, they must not weaken their minds by eating the rich food and drinking the wine of the king. They realized that they must partake only of simple, nutritious food that would keep their minds pure and clear.

### 3. What was the result of Daniel and his friends making this decision? Daniel 1:20

They were \_\_\_\_\_ times better than everyone else.

NOTE: With God, people are always better off.

### 18. What was the first test that Christ faced In the wilderness of temptation? Matthew 4:1-4

To turn stones into \_\_\_\_\_.

NOTE: The first great temptation our Lord faced in the wilderness was on appetite. Jesus must gain the victory at the very same place that Adam fell. The same victory that Christ gained, He offers to every believer today through the power of His indwelling Spirit. Victory over depraved appetite is available to the Christian today because of Christ's victory in the wilderness of temptation.

### 19. How are Christians today to glorify God? 1 Corinthians 10:31

In their \_\_\_\_\_ and \_\_\_\_\_.

NOTE: Christians today are to bring glory to God by choosing to follow His directions regarding appetite.

### 20. What is the temple of the Holy Ghost for Christians? 1 Corinthians 6:19

Our \_\_\_\_\_.

NOTE: God, through the Holy Spirit, dwells in Christians who have accepted Jesus Christ as Lord and Saviour of their lives. Their bodies now belong to God. They are temples for the indwelling of the Holy Spirit.

### 21. What should Christians do who have been bought with the price of Calvary? 1 Corinthians 6:20

"\_\_\_\_\_ God in your \_\_\_\_\_."

Christians must always remember that their bodies do not belong to them, because they have been purchased by the blood of Calvary. Therefore, their eating, their drinking-everything they do will glorify God. They will pass the appetite test.

### 22. What are some habits that born-again Christians should leave alone?

**a. Smoking** . Recognizing that their bodies are the temple of the Holy Spirit, born-again Christians will not smoke. Smoking causes cancer, heart disease, and a host of other problems. It clogs the mind and prevents clear thinking. Since our bodies belong to Jesus Christ and are the dwelling place of the Holy Spirit, Christians realize that putting a cigarette in one's mouth is actually placing it in the mouth of Jesus. How can Christians do that and glorify God?

**b. Using alcoholic beverages**. Like Daniel, Christians will purpose in their hearts not to defile themselves with the king's wine. They recognize that they belong to the King of kings, and as kings, they will not touch



**15. At what event does God first mention unclean animals? Genesis 7:1, 2**

At the time of the \_\_\_\_\_

NOTE: The distinction between clean and unclean animals did not originate at Sinai with the children of Israel, but the distinction was known before the Flood, as well.

**16. What will happen to people using unclean foods at the second coming of Christ? Isaiah 66:17**

"Those who \_\_\_\_\_ themselves and purify themselves, to go to the gardens after an idol in the midst, eating \_\_\_\_\_ flesh, and the abomination and the \_\_\_\_\_, shall be \_\_\_\_\_ together," says the LORD.

NOTE: Those who claim to be in a saved, sanctified relationship with Christ, knowing that God does not want them to eat the unclean foods, yet still persist in eating them, will be destroyed at His second coming.

Obviously, God does not intend for His last day people to eat these foods. (In spite of the clear indication of Scripture that these foods are a not to be eaten by Christians, some people have suggested that it is all right for Christians to eat them today. They have quoted a few texts to support this theory. For an explanation of these texts, please see Exhibit 1.)

## THE DIET TEST TODAY

Only Daniel and his friends passed the food test in this time of prosperity. Likewise, only Daniel and his friends passed the severe test that came in a time of adversity. When the really big tests came, such as the fiery furnace, the only ones who passed that great test of utmost loyalty to God were those who first of all passed the food test. The small test on food enabled Daniel and his friends to stand firm in more important areas. Don't miss the point: those who failed the food test failed the test on the image. Those who passed the diet test passed the test on the worship of the image. Since the book of Daniel has so many implications for the last days, God may be preparing His last-day people for the final test on the image of the beast (see Lesson 5) by first of all testing them on food.

**17. What was the first test given to Adam and Eve in the Garden of Eden? Genesis 3:1-6**

They were asked not to \_\_\_\_\_ the fruit of the Tree of Knowledge of Good and Evil.

NOTE: Sin entered this planet because man ate that which God had forbidden. The first great test came on the food question, and Adam and Eve failed.

**4. Since Daniel and his friends had passed the diet test, what other tests were they now able to pass? Daniel 3:17, 18; 6:10, 11**

- a. The three Hebrews refused to \_\_\_\_\_ the golden image.  
b. Daniel continued to \_\_\_\_\_ to his God as he did before.

NOTE: Having passed the diet test, Daniel and his friends were able to pass the image test and the test that prohibited prayer to God.

## THE DIET TEST IN DANIEL

**5. What two things did Daniel refuse to partake of that were on the king's table? Daniel 1:8**

- a. the king's \_\_\_\_\_. b. the king's \_\_\_\_\_

**6. Why did Daniel not partake of the king's wine? Proverbs 20:1**

"\_\_\_\_\_ is a mocker, strong drink is a brawler, and whoever is led astray by it is not \_\_\_\_\_."

NOTE: Daniel knew that he could not think clearly if his mind would become clouded because of alcohol. Those who benumb the mind with alcohol will never be able to pass the severe tests that are coming. That's why Daniel would not defile himself with the king's wine.

**7. What are kings and princes not to drink? Proverbs 31:4**

\_\_\_\_\_ and \_\_\_\_\_ drink.

**8. What happens when kings and princes drink wine and strong drink? Proverbs 31:5**

They "forget the \_\_\_\_\_, and pervert the justice."

**9. Who are kings in the New Testament? Revelation 1:5, 6**

"And has made \_\_\_\_\_ kings."

NOTE: The Bible indicates that kings should not partake of wine and strong drink because it perverts their judgment and leads them to forget the law of God. The book of Revelation makes it clear that every Christian has been made a king unto God through Jesus Christ. Therefore, it is God's purpose today that Christians, who are kings, not partake of wine and strong drink.

**10. What does alcohol do to the brain?**

"Every time a person takes a few drinks of an alcoholic beverage, even a few

beers or cocktails at a social function-he permanently damages his brain by cutting off the oxygen supply to enormous numbers of small areas of brain tissue, thereby killing large numbers of brain cells prematurely... There is only one way to be safe from the danger of alcohol ... that is to quit it cold." Dr. Melvin Knisely, Professor of Anatomy at Medical University of South Carolina in Charleston, as reported in Listen magazine of December, 1969.

NOTE: Alcohol kills brain cells and beclouds the mind. The first brain cells that it kills are those affecting willpower, reason and judgment. No wonder God says that those who are kings of Jesus Christ will not touch alcoholic beverages. The Christian realizes that even a few beers or cocktails can permanently damage his brain and affect his spiritual judgment. God wants us to have clear minds for the closing scenes of earth's history. (For further information on alcohol, see Exhibit 2.)

**11. What foods did God forbid His ancient people, Israel, to eat? Leviticus 11:2-8**

The \_\_\_\_\_ animals.

NOTE: Obviously, Daniel would have encountered unclean foods on the king's table; therefore, he did not eat them. While most of us today would never think of eating roasted rat, many people today eat some of the foods mentioned by God as unclean, such as the rabbit and the pig.

**12. What other foods did God say were unclean? Leviticus 11:9, 10**

Fish that did not have \_\_\_\_\_ and \_\_\_\_\_

NOTE: This eliminated from the diet such things as clams, oysters, shrimp, lobster, crab, eel, catfish, etc.

**13. Why did God prohibit the eating of ports, shellfish and other unclean foods?**

NOTE: God does not tell us the reason why He prohibited His ancient people from eating these foods. However, modern medical science has helped us to understand some of the reasons why God saw that these foods were not fit for human consumption. The purpose of these animals on the earth was not to be a part of the food chain for people, but to be garbage collectors. The pig was to be the garbage collector of the earth, while shellfish were the garbage collectors of the ocean. Pork is one of the worst carriers of the trichina worm, and causes trichinosis. Likewise, pork is very high in cholesterol. Most fish do not contain much cholesterol; however, shellfish contain as much cholesterol as pork sausage. No wonder God said to leave it alone. That's one of the reasons a physician removes pork from a heart patient's diet as soon as it is discovered that there is any kind of heart problem. How much better it would be to not have our arteries clogged in the beginning! That's why God said not to eat these foods. (For further information on medical research on

pork and shellfish, see Exhibit 2.)

**14. What kind of diet did Daniel ask to receive? Daniel 1:12**

"Give us \_\_\_\_\_ to eat and \_\_\_\_\_ to drink.

NOTE: "Give us nothing but vegetables to eat and water to drink" (New International Version). Daniel requested a vegetarian diet. This was more than God required, for God had only prohibited the eating of the unclean animals. He had allowed people to eat the flesh of clean animals. But when Daniel got to this time of extreme test, he went on a very simple vegetarian diet because he knew that his mind must be as sharp and clear as possible to face the crisis ahead.

Originally, God gave a vegetarian diet to Adam and Eve in the Garden of Eden (Genesis 1:29). Today, we are approaching the crisis of the last days. Perhaps it would be a good idea for us to return to God's original diet so that our minds might be clear to face the crisis at the close of time. Certainly we should begin by leaving off those foods that God has expressly commanded us not to eat; namely, pork, shellfish and other unclean foods mentioned in Scripture.

